



**Alaska Island Community Services  
Alaska Crossings Wilderness Expeditions for Youth**

## **PARTICIPANT PERSONAL EQUIPMENT LIST**

We provide all of the camping clothes and equipment you are going to need to stay comfortable. Here is a check list of items the participant is allowed to bring. Do not bring anything that is not on this list because you will not need anything else.

1 or 2 outfits for travelling to and from Wrangell

2 pairs of nylon track pants

3 t-shirts

2 pairs of nylon shorts, we will use these for swimming as well

10 pairs of underwear

10 pairs of wool socks

1 pair of tennis shoes with good tread on the bottom

1 pair of tennis shoes that can get wet

1 baseball cap

Toothbrush and toothpaste

Brush or comb

If you wear contacts or glasses, please bring an extra pair

Photo ID for travelling if you have it

\*\*\*\*\*Disposable cameras are not allowed\*\*\*\*\*

If there is anything you do not have that is on this list please let the Intake Coordinator know as soon as possible.